# **Evaluating Navy Quality of Life Programs: What is Our Customer Telling Us?**

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The opinions expressed are those of the authors. They are not official and do not represent the views of the U.S. Navy.

### **Overview**



- \* Research background
- Results and Conclusions
- **★ Strengths of Studies Examined**
- Challenges
- Potential Future Directions









#### **Overview**

#### **★ QOL is important because...**

- "I intend to lead a Navy that holds quality of service for Sailors, for their quality of life and their quality of work, as a top priority in mission and combat readiness." (CNO, 2000)
- MWR, FSC, Housing, and Child Care programs have significant impact on continuation rates (Koopman & Goldhaber, 1997)
- Non-work QOL needs appear to have a stronger impact on retention than work-life needs (Wilcove, Wolosin, & Schwerin, 2001)
- It's the right thing to do! Covenant Leadership

#### Objective

 Compare various sources of QOL data taking a comprehensive look at program use, satisfaction, and impact



### Research Background

#### **★ MWR Customer Survey (Rosenfeld & Uriell, 2000)**

- Random representative sample mail-out survey
- Survey measure:
  - Core set of items focused on MWR program use, perceptions of program quality, and satisfaction
  - In-depth program evaluation of several selected programs
  - Outcomes: readiness, retention plans, overall QOL

#### QOL Domain Survey (Wilcove & Schwerin, 1999)

- Random representative sample mail-out survey
- Survey measure:
  - Evaluation of satisfaction with 12 life need areas and impact of needs on military outcomes
  - Outcomes: readiness, retention plans, Global QOL

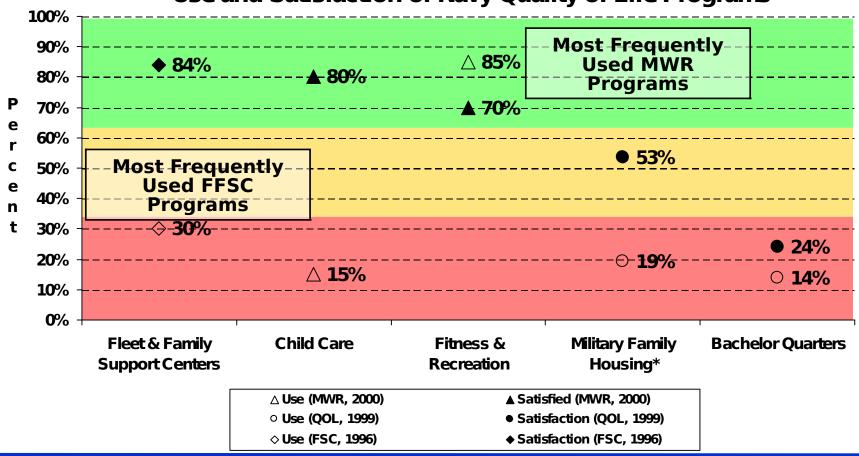


### Research Background

- ★ FSC Need Assessment Survey (Kerner-Hoeg et al., 1996)
  - Random representative sample, command distributed
  - Survey measure:
    - Examined program use and satisfaction
    - Outcomes: readiness, retention plans, overall QOL
- QOL Program Evaluation (Schwerin et al., 2001)
  - On-site program evaluation completed by program users
  - Survey measure:
    - Patron ratings of how well program met their needs (i.e., Reasons for Being or RFBs)
    - Patron ratings of program quality
    - Outcomes: readiness, retention plans, overall QOL

### Results: Navy QOL Program Use NPRST and Satisfaction



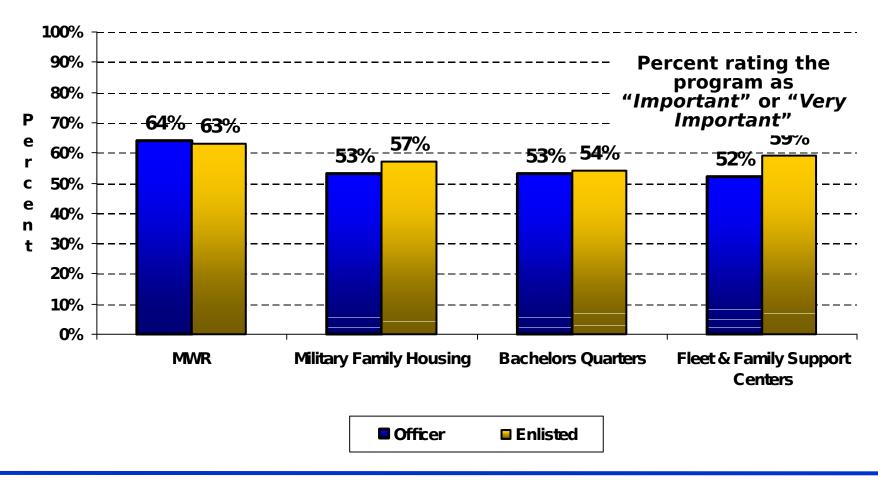


NOTE: The above rankings have been sorted by the percent of Sailors who used the listed Navy Support Services in the past year. The color bands on the graph are used to indicate level of satisfaction—with green representing high, yellow representing moderate, and red representing low levels of satisfaction.

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### **Results: Program Impact on Readiness**

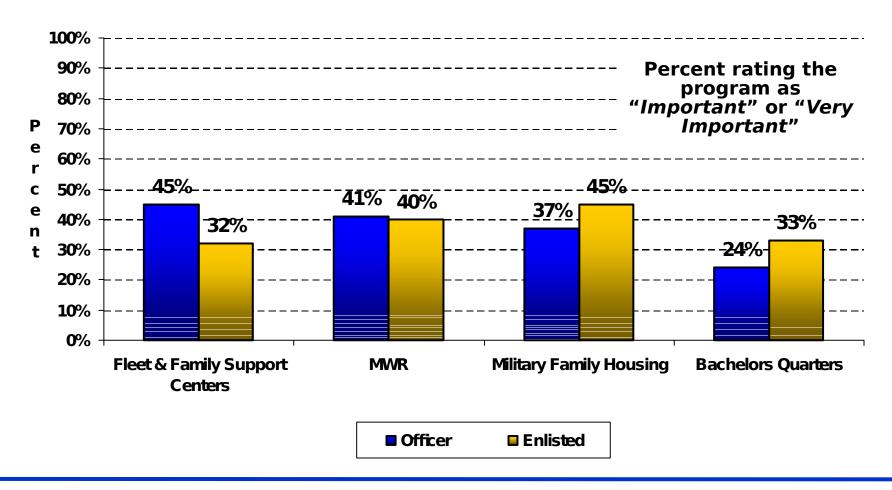




NOTE: The above ratings are from the 2000 MWR Customer Survey, Question 36: "Rate how important each program is to doing your Navy job (readiness)."

### **Results: Program Impact on Retention Plans**





NOTE: The above ratings are from the 2000 MWR Customer Survey, Question 37: "Rate how important each program is to your decision to remain in the Navy."

### Results: Program Impact on **Readiness and Career**



ntentions

\* QOL Program Evaluation (Schwerin et al., 2001)

- Multiple Regression used to...
  - Examine the strength of relationship between each program and outcomes
  - Identify RFBs that were leading predictors of the outcomes
  - Learn more about impact of program quality on the outcomes
    - Indicators:
      - RFB item scores
      - Program quality mean score
    - Outcome measures: Readiness and Career Intentions
  - Percent of variance accounted for indicates strength of relationship (greater than 35% is considered "strong")

### **Results: Program Impact on Readiness and Career Intentions**

- ★ For QOL program users, strong relationship between program meeting patron need and readiness
- Relationship between programs and career intentions much lower (some non-significant)

Program*	Readiness (R²)	Career Intentions (R²)
Child Development	.43*	.08*
Fitness & Recreation	.56*	.08*
Clinical Counseling	.55*	.05
Financial Management	.54*	.13*
<b>Relocation Assistance</b>	.48*	.15*
Transition Assistance	.42*	.06*

\* p < .05

**NPRS** 

NOTE: The above ratings are from the 2001 QOL Program Contributions to Readiness and Retention.

<sup>\*</sup>Military Family Housing and Bachelor Quarters were not included in this program evaluation.



#### **Conclusions**

- Majority of Navy Support Program users satisfied with program
  - Satisfaction with MWR and FFSC high
  - Satisfaction with Housing (MFH and BQ) lower
- QOL programs believed to affect readiness and retention plans
  - MWR Customer Survey
    - Majority of those surveyed agree that programs affect readiness
    - Approximately 1/3 agree that programs affect retention plans
  - QOL Program Contributions
    - Strong relationship between program meeting needs and readiness
    - Marginal relationship between programs and career intentions



### **Strengths of Studies Examined**

- Studies examined all used random, representative samples of Sailors
  - Exception: QOL Program Contributions focused on program users

- ★ Each study is focused on their primary research area yet includes questions that allow for cross-program comparisons
  - Findings demonstrate a convergence of results
- Best practices shared



### **Challenges in QOL Research**

### Measuring military/organizational outcomes

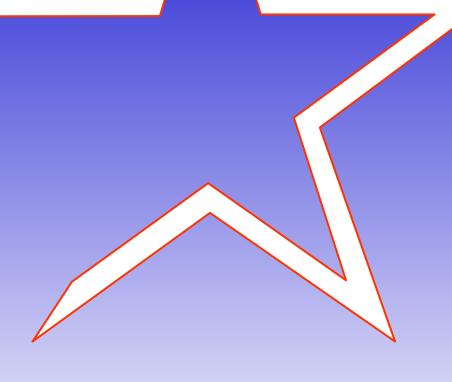
- How consistently do we conduct outcome-based research?
   Most major studies include military/organizational outcomes
- Readiness
  - Do Sailors know what it is when we use it in a survey question?
  - Do WE know what readiness is?
- Retention
  - Short-term intent (next 3 years) vs. Career Intentions
  - Intent vs. behavior: Is intent the outcome of interest?



### **Potential Future Directions**

- ★ Complement ratings of subjective QOL with objective indicators of QOL
- Examine minimizing dissatisfiers of QOL rather than increasing QOL - Canadian Defence Force
  - Barriers to QOL, job satisfaction, or organizational commitment
  - Look at reducing QOL program dissatisfaction
- Deploy one measure that captures customer satisfaction data for a broad range of Navy Support Programs
  - Would facilitate comprehensive study (using CNA approach) to quantify return on investment

### References



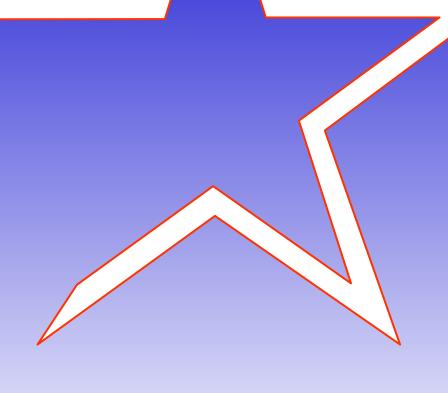
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### References

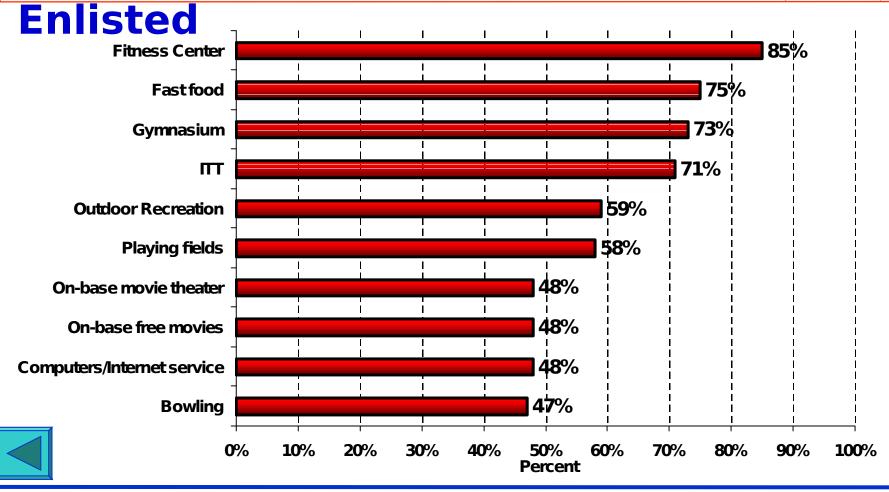
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### **Back-up Slides**



## **Use of Navy MWR Facilities/Services: Officer and**

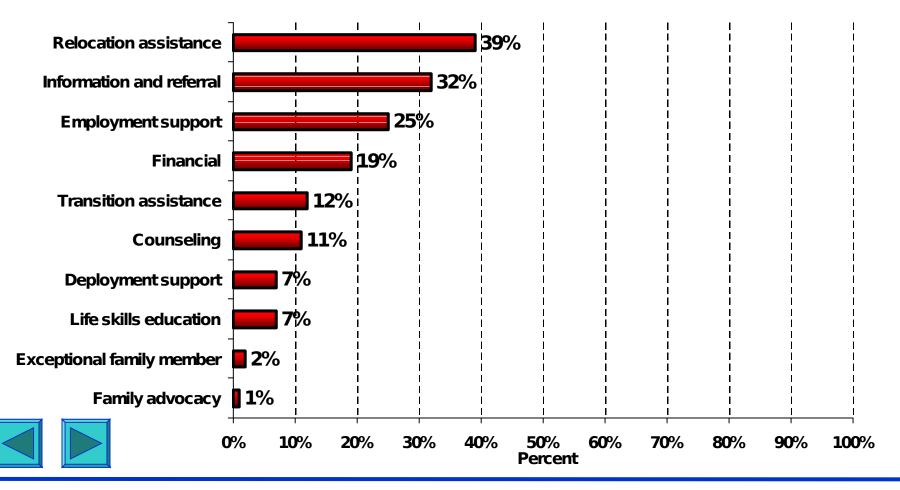




NOTE: The above ratings are from the 2000 MWR Customer Survey, Question 15: "Indicate whether or not you regularly use each facility/service listed."

### **Use of Navy FFSC Programs: Officer and Enlisted**





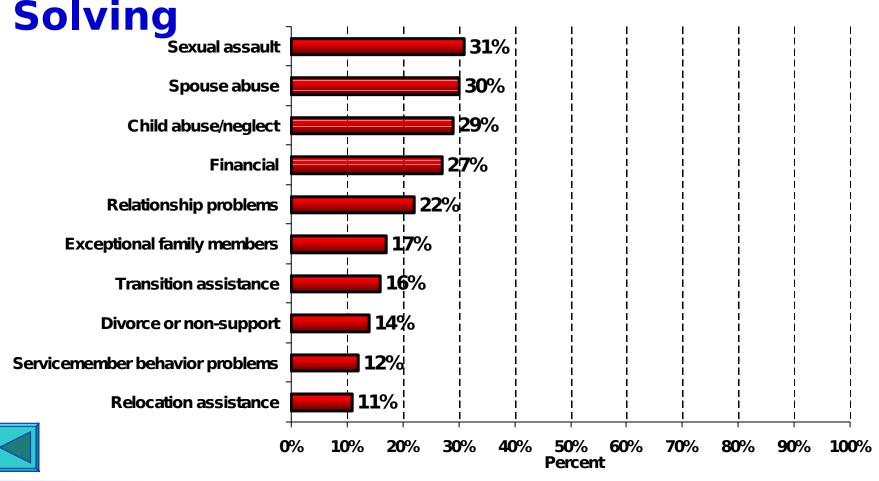
NOTE: The above ratings are from the 1996 FSC Need Assessment Survey, Question 14, 39, 47, 51, 56, 58, 62, 64, 65, 74, : "If you needed the following service during this assignment, did you USE it?"

Navy Personnel Research, Studies, & Technology

A Evaluating QOL Programs: Linking Programs to Outcomes

# **Servicemember Issues that Leaders Need the Most Help**





NOTE: The above ratings are from the 2000 FSC Leadership Survey, Question 19: "Of the issues listed above, which would you need the most help in solving?"